

ABSTRACT OF THE DISCLOSURE

Bone treatment plate assemblies, methods of fabrication, and methods of use. Such assemblies comprise spring structures assembled to bone treatment plates. The spring structure comprises elongate bands, and springs between the bands, urging the bands against structure of the plate. Spring width is less than spring height and/or one or more protuberances extending from the band or bands cooperate with one or more detents in the plate thereby to arrest longitudinal movement of the spring structure with respect to the plate.